

**FACULTY OF HEALTH SCIENCES  
DEPARTMENT OF NURSING SCIENCE**



**PROGRAMME** : COMMUNITY NURSING SCIENCE

**SUBJECT** : **PAPER 1:** COMMUNITY NURSING  
MODULE 1: FAMILY HEALTH – PART 1  
MODULE 2: FAMILY HEALTH – PART 2

**CODE** : GGV0017

**DATE** : OCTOBER/NOVEMBER EXAMINATION 2017

**DURATION** : 3 HOURS

**WEIGHT** : 50:50

**TOTAL MARKS** : 100 MARKS

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**EXAMINERS** : DR WO JACOBS

**EXTERNAL EXAMINER:** PROF S HUMAN (UNISA)

**NUMBER OF PAGES** : THIS PAPER CONSISTS OF THREE (3) PAGES.

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**INSTRUCTIONS TO CANDIDATES:**

PLEASE ANSWER ALL THE QUESTIONS.

HALF (½) MARK PER FACT

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**NOVEMBER EXAMINATION 2017**

**SUBJECT: MODULE 1: FAMILY HEALTH – PART 1**

**MODULE 2: FAMILY HEALTH – PART 2 (GGV0017)**

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**QUESTION 1**

The environment and health is a delicate association. Certain trends are associated with threats to the environment and health.

- 1.1 Debate these trends that are associated with treats towards the environment and health. **\*[8]**

**QUESTION 2**

The informal settelment of orange farm does not have any services delivered to them. The conseqese is waste like papers, plastic, bottels of various material and discarded food (all the waste that would normally be in a dusbin) lying in the streets, wind blowing it alover the area. They dont have any sewage disposal or running water. The informal settlement has a number of external taps, none of which is closing properly resulting in continues dripping of water from them.

- 2.1 Analyse this scenario, refering to all the possible environmental hazards and pollution this situation creates and relate this to the effect on the health on the community. **\*[16]**

**QUESTION 3**

You are the community nurse at Yeoville Clinic. Mrs Morema, attends the clinic with Sipiwe, 6 weeks old, for developmental assessment and immunisation. Comprehensive history as part of assessment is important to ensure diagnosis of patients.

- 3.1 Justify the data you would obtain from Mrs Morema to ensure comprehensive history, diagnosis and intervention of Mrs Morema and Sipiwe. (15)
- 3.2 Explain to Mrs. Morema the immunisations Sipiwe should get today. (7)
- 3.3 Describe the reflexes that you will assess Sipiwe for. (8)

**\*[30]**

3/...

#### **QUESTION 4**

The increase in teenage pregnancies is a concern to the government and it is the responsibility of the community health nurse to educate teenagers on the prevention of teenage pregnancy, encourage making use of the available services and their rights as adolescents.

- 4.1 Outline the Adolescent's health rights as indicated in the National Adolescent Friendly Clinic Initiative. (6)  
According to the Integrated School Health Policy a range of factors impact negatively on the health and development of children.

- 4.2 Discuss these factors that impact on the health and development of children. (18)  
\*[24]

#### **QUESTION 5**

Young Adulthood is a time of change in the life cycle of life.

- 5.1 Motivate all the possible changes and needs associated with this life phase, using the GOBIFFFF principles as guide to answer this question. \*[10]

#### **QUESTION 6**

Describe the content you would include in your health education to the **inhabitants** of the old age home on safety in and around the old age home. \*[6]

#### **QUESTION 7**

Explain in short the primary, secondary and tertiary role of the occupational health nurse. \*[6]

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**QUESTION 1**

Pollution is the harmful wastes and energy as a result of human activities that damage the environment and threaten health.

1.1 Discuss the effect of the following on the health of humans:

1.1.1 water pollution. (5)

1.1.2 noise pollution. (2)

**\*[7]**

**QUESTION 2**

You as the community health nurse needs to teach mothers in an informal settlement about hygiene in and around their homes.

2.1 Justify the content that you will include in the health education to these mothers. **\*[13]**

**QUESTION 3**

Students are visiting your clinic for classes in parenting to young mothers. One of the topics for the classes is “Introducing solid food” for their children. The students’ need to be educated in order for them to, present this topic to the young mothers.

3.1 Describe the principles of introducing solid foods that you would educate the students on, in order for them to guide the young mothers to introduce solid foods. **\*[15]**

**QUESTION 4**

4.1 Indicate the schedule for administering Vitamin A supplement. (5)

4.2 Name the vaccines the children are immunised with, referring to the disease, according to the EPI and explain the specific side effects, contraindications of the vaccines. (10)

**\*[15]**

**QUESTION 5**

Indicate the occupational environment that needs to be monitored by the occupational health nurses **\*[3]**

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**QUESTION 6**

One of the key strategies to achieve the objectives of the Integrated School Health Policy is Health Promotion and Health Education. Health Promotion and Health Education is therefore also part of the activities that make up the package of health services that should be provided as a minimum to all schools.

- 6.1 Discuss all the activities and aspects that are included in the school health package in order to achieve the health promotion and health education strategy. **\*[12]**

**QUESTION 7**

During a visit to the clinic a mother indicates to you her intention of using contraception.

- 7.1 Motivate the data that needs to be obtained from the mother during history taking, to identify possible contraception to be suggested to the woman. **\*[8]**

**QUESTION 8**

Various factors like legal, social, service and client factors can contribute of deter clients to use the family planning services.

- 8.1 Analyse the client factors that can lead to the use of the family planning service by the clients. **\*[8]**

**QUESTION 9**

Discuss problems and needs that are associated with the aged. **\*[10]**

**QUESTION 10**

There are several informal businesses near the clinic you work at. Among the businesses are steel workers, car mechanic works, panel beating and car painting.

- Explain** to them common injuries and how they can be prevented. **\*[9]**